



_____’s Practice Journal

To win the Practice Pro Level One badge:

- Try to do 5 practice sessions of 10 minutes each - or more if you want to!
- If you’re not sure what to play, or how to practice at home, John can help.
- Hopefully you can complete this journal in two weeks.... good luck!

PRACTICE SESSION:	DATE:	LENGTH: (MINUTES)	I PRACTICED THIS:
ONE			
TWO			
THREE			
FOUR			
FIVE			
BONUS!			